

SIMPLY ASIA MENU		Major allergens									Minor Allergens									
November 2021		Gluten	Wheat	Dairy	Soya	Egg	Fish	Shellfish	Peanuts	Tree nuts	Onion	Garlic	Mushroom	Celery	Sesame Seeds	Mustard Seeds	MSG	sulphur dioxide	Tartrazine	Alcohol
309D	Roasted Chilli Paste Stir-Fry Duck	YES	YES		YES		YES	YES		YES	YES	YES		YES						
309P	Roasted Chilli Paste Stir-Fry Prawn	YES	YES		YES		YES	YES		YES	YES	YES								
309S	Roasted Chilli Paste Stir-Fry Seafood	YES	YES		YES		YES	YES		YES	YES	YES								
309T	Roasted Chilli Paste Stir-Fry Tofu	YES	YES	YES	YES					YES	YES	YES	YES							
309V	Roasted Chilli Paste Stir-Fry Vegetarian	YES	YES		YES					YES	YES	YES	YES							
311C	Honey Chicken	YES	YES	YES	YES	YES		YES								YES		YES		
311D	Honey Duck	YES	YES		YES			YES										YES		
324B	Massaman Curry Beef				YES				YES		YES	YES		YES						
324C	Massaman Curry Chicken				YES				YES		YES	YES								
324D	Massaman Curry Duck	YES	YES		YES				YES		YES	YES		YES						
334C	Lemon Sauce Chicken	YES	YES		YES			YES			YES	YES		YES						
334B	Lemon Sauce Beef	YES	YES		YES			YES			YES	YES								
334D	Lemon Sauce Duck	YES	YES		YES			YES			YES	YES		YES						
334P	Lemon Sauce Prawn	YES	YES		YES			YES			YES	YES								
334S	Lemon Sauce Seafood	YES	YES		YES		YES	YES			YES	YES								
334T	Lemon Sauce Tofu	YES	YES	YES	YES						YES	YES	YES							
334V	Lemon Sauce Vegetarian	YES	YES		YES						YES	YES	YES							
335C	Green Curry Rice Teriyaki Chicken	YES	YES	YES	YES	YES	YES	YES			YES	YES			YES					
335B	Green Curry Rice Teriyaki Beef	YES	YES	YES	YES	YES	YES	YES			YES	YES			YES					
335D	Green Curry Rice Teriyaki Duck	YES	YES	YES	YES	YES	YES	YES			YES	YES		YES	YES					
335P	Green Curry Rice Teriyaki Prawn	YES	YES	YES	YES	YES	YES	YES			YES	YES			YES					
335S	Green Curry Rice Teriyaki Seafood	YES	YES	YES	YES	YES	YES	YES			YES	YES			YES					
408V	Brinjals and Soya Stir-Fry Vegetarian	YES	YES		YES							YES	YES							
408B	Brinjals and Soya Stir-Fry Beef	YES	YES		YES			YES				YES	YES							
408C	Brinjals and Soya Stir-Fry Chicken	YES	YES		YES			YES				YES	YES							
408D	Brinjals and Soya Stir-Fry Duck	YES	YES		YES			YES				YES	YES	YES						
408P	Brinjals and Soya Stir-Fry Prawn	YES	YES		YES			YES				YES	YES							
408S	Brinjals and Soya Stir-Fry Seafood	YES	YES		YES			YES	YES			YES	YES	YES						
408T	Brinjals and Soya Stir-Fry Tofu	YES	YES	YES	YES							YES	YES	YES						
336C	Thai Yellow Chicken with Salsa	YES	YES	YES	YES	YES					YES	YES			YES		YES		YES	
336D	Thai Yellow Duck with Salsa	YES	YES	YES	YES	YES					YES	YES		YES	YES		YES		YES	
336P	Thai Yellow Prawn with Salsa	YES	YES	YES	YES	YES		YES			YES	YES			YES		YES		YES	
337C	Radish with Thai Sauce Chicken	YES	YES	YES	YES	YES		YES				YES	YES	YES						
337T	Radish with Thai Sauce Tofu	YES	YES	YES	YES	YES		YES				YES	YES	YES						
337P	Radish with Thai Sauce Prawn	YES	YES		YES	YES		YES				YES	YES	YES						
338C	Japanese Curry Chicken	YES	YES	YES	YES	YES	YES	YES	YES		YES	YES				YES		YES		
338D	Japanese Curry Duck	YES	YES	YES	YES	YES	YES	YES	YES		YES	YES		YES	YES		YES		YES	
338P	Japanese Curry Prawn	YES	YES	YES	YES	YES	YES	YES	YES		YES	YES			YES		YES		YES	
338T	Japanese Curry Tofu	YES	YES	YES	YES	YES	YES	YES	YES		YES	YES			YES		YES		YES	
339V	Stir-Fry Cashew Vegetarian	YES	YES		YES					YES	YES	YES	YES							
339C	Stir-Fry Cashew Chicken	YES	YES		YES			YES		YES	YES	YES								
339B	Stir-Fry Cashew Beef	YES	YES		YES			YES		YES	YES	YES								
339D	Stir-Fry Cashew Duck	YES	YES		YES			YES		YES	YES	YES		YES						
339S	Stir-Fry Cashew Seafood	YES	YES		YES		YES	YES		YES	YES	YES								
339P	Stir-Fry Cashew Prawn	YES	YES		YES			YES		YES	YES	YES								
339T	Stir-Fry Cashew Tofu	YES	YES	YES	YES					YES	YES	YES	YES							
Fried Rice																				
314B	Thai Fried Rice Beef	YES	YES		YES	YES		YES			YES									
314C	Thai Fried Rice Chicken	YES	YES		YES	YES		YES			YES									
314D	Thai Fried Rice Duck	YES	YES		YES	YES		YES			YES	YES		YES						
314P	Thai Fried Rice Prawn	YES	YES		YES	YES		YES			YES									
314S	Thai Fried Rice Seafood	YES	YES		YES	YES	YES	YES			YES									
314T	Thai Fried Rice Tofu	YES	YES	YES	YES	YES					YES									
314V	Thai Fried Rice Vegetarian	YES	YES		YES	YES					YES									
317B	Basil Fried Rice Beef	YES	YES		YES	YES		YES			YES	YES								
317C	Basil Fried Rice Chicken	YES	YES		YES	YES		YES			YES	YES								
317D	Basil Fried Rice Duck	YES	YES		YES	YES		YES			YES	YES		YES						
317P	Basil Fried Rice Prawn	YES	YES		YES	YES		YES			YES	YES								
317S	Basil Fried Rice Seafood	YES	YES		YES	YES	YES	YES			YES	YES								
317T	Basil Fried Rice Tofu	YES	YES	YES	YES	YES					YES	YES								
317V	Basil Fried Rice Vegetarian	YES	YES		YES	YES					YES	YES								
319B	Roasted Chilli Fried Rice Cashew Beef	YES	YES		YES		YES	YES		YES	YES	YES								
319C	Roasted Chilli Fried Rice Cashew Chicken	YES	YES		YES		YES	YES		YES	YES	YES								
319D	Roasted Chilli Fried Rice Cashews Duck	YES	YES		YES		YES	YES		YES	YES	YES		YES						
319P	Roasted Chilli Fried Rice Cashews Prawn	YES	YES		YES		YES	YES		YES	YES	YES								
319S	Roasted Chilli Fried Rice Cashews Seafood	YES	YES		YES		YES	YES		YES	YES	YES								
319T	Roasted Chilli Fried Rice Cashews Tofu	YES	YES	YES	YES					YES	YES	YES								
319V	Roasted Chilli Fried Rice Cashews Veg	YES	YES		YES					YES	YES	YES								
331C	Fried Rice Tom Yum Chicken	YES	YES		YES		YES	YES			YES	YES	YES							
331B	Fried Rice Tom Yum Beef	YES	YES		YES		YES	YES			YES	YES	YES							

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331D	Fried Rice Tom Yum Duck	YES	YES		YES		YES	YES			YES	YES	YES	YES						
331P	Fried Rice Tom Yum Prawn	YES	YES		YES		YES	YES			YES	YES	YES							
331S	Fried Rice Tom Yum Seafood	YES	YES		YES		YES	YES			YES	YES	YES							
331T	Fried Rice Tom Yum Tofu	YES	YES	YES	YES		YES	YES			YES	YES	YES							
331V	Fried Rice Tom Yum Vegetable	YES	YES		YES		YES	YES			YES	YES	YES							
Noodle																				
265C	Tender Chicken in Peanut Sauce	YES	YES		YES			YES	YES		YES	YES						YES		
265D	Tender Duck in Peanut Sauce	YES	YES		YES			YES	YES		YES	YES		YES				YES		
504B	Traditional Phad Thai Beef	YES	YES	YES	YES	YES			YES		YES	YES								
504C	Traditional Phad Thai Chicken	YES	YES	YES	YES	YES			YES		YES	YES								
504P	Traditional Phad Thai Prawn	YES	YES		YES	YES		YES	YES		YES	YES								
504T	Traditional Phad Thai Tofu			YES	YES	YES			YES		YES	YES	YES							
504V	Traditional Phad Thai Vegetarian			YES	YES	YES			YES		YES	YES	YES							
505B	Sweet Soya Noodles Beef	YES	YES		YES	YES		YES			YES	YES								
505C	Sweet Soya Noodles Chicken	YES	YES		YES	YES		YES			YES	YES								
505D	Sweet Soya Noodles Duck	YES	YES		YES	YES		YES			YES	YES		YES						
505P	Sweet Soya Noodles Prawn	YES	YES		YES	YES		YES			YES	YES								
505S	Sweet Soya Noodles Seafood	YES	YES		YES	YES	YES	YES			YES	YES								
505T	Sweet Soya Noodles Tofu	YES	YES	YES	YES	YES					YES	YES								
505V	Sweet Soya Noodles Vegetarian	YES	YES		YES	YES					YES	YES								
508B	Linguine Basil Beef	YES	YES		YES			YES			YES	YES								
508C	Linguine Basil Chicken	YES	YES		YES			YES			YES	YES								
508D	Linguine Basil Duck	YES	YES		YES			YES			YES	YES						YES		
508P	Linguine Basil Prawn	YES	YES		YES			YES			YES	YES								
508S	Linguine Basil Seafood	YES	YES		YES		YES	YES			YES	YES								
508T	Linguine Basil Tofu	YES	YES	YES	YES						YES	YES								
508V	Linguine Basil Vegetarian	YES	YES		YES						YES	YES								
514B	Roasted Chilli Paste Cashew Noodles Beef	YES	YES		YES		YES	YES		YES	YES	YES		YES						
514C	Roasted Chilli Paste Cashew Noodles Chicken	YES	YES		YES		YES	YES		YES	YES	YES		YES						
514D	Roasted Chilli Paste Cashew Noodles Duck	YES	YES		YES		YES	YES		YES	YES	YES		YES						
514P	Roasted Chilli Paste Cashew Noodles Prawn	YES	YES		YES		YES	YES		YES	YES	YES		YES						
514S	Roasted Chilli Paste Cashew Noodles Seafood	YES	YES		YES		YES	YES		YES	YES	YES		YES						
514T	Roasted Chilli Paste Cashew Noodles Tofu	YES	YES	YES	YES						YES	YES	YES	YES						
514V	Roasted Chilli Paste Cashew Noodles Veg	YES	YES		YES					YES	YES	YES	YES							
515B	Yellow Noodles in Peanut Sauce Beef	YES	YES	YES	YES			YES	YES		YES	YES								
515C	Yellow Noodles in Peanut Sauce Chicken	YES	YES	YES	YES			YES	YES		YES	YES								
519B	Large Rice Noodles Beef	YES	YES		YES	YES		YES			YES	YES								
519C	Large Rice Noodles Chicken	YES	YES		YES	YES		YES			YES	YES								
519D	Large Rice Noodles Duck	YES	YES		YES	YES		YES			YES	YES		YES						
519P	Large Rice Noodles Prawn	YES	YES		YES	YES		YES			YES	YES								
519S	Large Rice Noodles Seafood	YES	YES		YES	YES	YES	YES			YES	YES								
519T	Large Rice Noodles Tofu	YES	YES	YES	YES	YES					YES	YES	YES							
519V	Large Rice Noodles Vegetarian	YES	YES		YES	YES					YES	YES	YES							
523B	Red Sauce Noodles Beef	YES	YES		YES		YES	YES			YES	YES	YES							
523C	Red Sauce Noodles Chicken	YES	YES		YES		YES	YES			YES	YES	YES							
523D	Red Sauce Noodles Duck	YES	YES		YES		YES	YES			YES	YES	YES	YES						
523P	Red Sauce Noodles Prawn	YES	YES		YES		YES	YES			YES	YES	YES							
523S	Red Sauce Noodles Seafood	YES	YES		YES		YES	YES			YES	YES	YES							
523T	Red Sauce Noodles Tofu	YES	YES	YES	YES		YES	YES			YES	YES	YES							
523V	Red Sauce Noodles Vegetarian	YES	YES		YES		YES	YES			YES	YES	YES							
542C	Thai style Noodles Chicken	YES	YES		YES			YES	YES		YES	YES	YES							
542B	Thai style Noodles Beef	YES	YES		YES			YES	YES		YES	YES	YES							
542D	Thai style Noodles Duck Breast	YES	YES		YES			YES	YES		YES	YES	YES	YES						
542P	Thai style Noodles Prawn	YES	YES		YES			YES	YES		YES	YES	YES							
542S	Thai style Noodles Seafood	YES	YES		YES		YES	YES	YES		YES	YES	YES							
544C	Five Spice Ramen Noodle Chicken	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
544D	Five Spice Ramen Noodle Duck	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
544B	Five Spice Ramen Noodle Beef	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
545C	Thai Spice Ramen Noodle Chicken	YES	YES		YES	YES	YES		YES		YES	YES	YES							
545D	Thai Spice Ramen Noodle Duck	YES	YES		YES	YES	YES		YES		YES	YES	YES	YES						
545B	Thai Spice Ramen Noodle Beef	YES	YES		YES	YES	YES		YES		YES	YES	YES	YES						
545P	Thai Spice Ramen Noodle Prawn	YES	YES		YES	YES	YES	YES	YES		YES	YES	YES	YES						
545S	Thai Spice Ramen Noodle Seafood	YES	YES		YES	YES	YES	YES	YES		YES	YES	YES	YES						
545T	Thai Spice Ramen Noodle Tofu	YES	YES	YES	YES	YES			YES		YES	YES	YES							
544CH	Five Spice Ramen Noodle Chicken Half	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
544DH	Five Spice Ramen Noodle Duck Half	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
544BH	Five Spice Ramen Noodle Beef Half	YES	YES		YES	YES	YES	YES			YES	YES		YES				YES		
545CH	Thai Spice Ramen Noodle Chicken Half	YES	YES		YES	YES	YES		YES		YES	YES	YES					YES		
545DH	Thai Spice Ramen Noodle Duck Half	YES	YES		YES	YES	YES		YES		YES	YES	YES	YES				YES		
545BH	Thai Spice Ramen Noodle Beef Half	YES	YES		YES	YES	YES		YES		YES	YES	YES	YES				YES		

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Extras																				
Bamboo Shoot	Bamboo Shoot																			
Bean Sprouts	Bean Sprouts																			
Beef	Beef (includes sauce)																			
Brinjal	Brinjal																			
Broccoli	Broccoli																			
Cabbage	Cabbage																			
Calamari	Calamari (includes sauce)						YES													
Carrot	Carrot																			
Cashew Nuts	Cashew Nuts									YES										
Cauliflower	Cauliflower																			
Celery	Celery													YES						
Chicken	Chicken (includes sauce)																			
Coriander	Coriander																			
Crumbed Chicken	Crumbed Chicken (includes sauce)	YES	YES	YES	YES	YES										YES	YES			
Cucumber	Cucumber																			
Duck Stirfry	Duck (includes sauce)	YES	YES		YES							YES		YES						
Egg	Egg					YES														
Extra Gravy Sauce	Gravy Sauce	YES	YES	YES	YES						YES	YES		YES	YES					
Extra Roasted Chicken	Roasted Chicken																			
Flavoured Soya Sauce	Flavoured Soya Sauce	YES	YES		YES			YES				YES		YES						
Green Beans	Green Beans																			
Green Curry Sauce	Green Curry Sauce			YES			YES	YES			YES	YES								
Honey Sauce	Honey Sauce	YES	YES		YES			YES												
Lemongrass	Lemongrass																			
Mee Yok Sauce	Mee Yok Sauce	YES	YES	YES	YES			YES	YES		YES	YES								
Mushrooms	Mushrooms												YES			YES				
Onion	Onion										YES									
Peppers Green	Peppers Green																			
Peppers Mixed	Peppers Mixed																			
Peppers Red	Peppers Red																			
Pineapple	Pineapple																			
Plum Sauce T25	Plum Sauce T25																			YES
Potato	Potato																			
Prawn Each	Prawns (includes sauce)							YES												
Prawns	Prawns (includes sauce)							YES												
Red Curry Sauce	Red Curry Sauce			YES			YES	YES			YES	YES								
Satay Sauce T25	Satay Sauce T25			YES	YES			YES	YES		YES	YES								
Scoop of Ice Cream	Scoop of Ice Cream			YES																
Seafood	Prawns (includes sauce)						YES	YES												
	Calamari (includes sauce)							YES												
Spinach	Spinach																			
Spring Onion	Spring Onion										YES									
Stirfry Sauce	Stirfry Sauce	YES	YES		YES			YES				YES								
Sweet Chilli T25	Sweet Chilli T25											YES								YES
Tofu	Tofu			YES	YES															
Tomato	Tomato																			
Vegetables	Mixed Vegetables	YES	YES		YES															
Veg Green Curry Sauce	Vegetarian Green Curry Sauce																			
Vegetarian Stirfry Sauce	Vegetarian Stirfry Sauce	YES	YES		YES							YES		YES						
Duck Breast Portion	Duck (includes sauce)	YES	YES		YES							YES		YES						
Thai Atchar	Thai Atchar										YES									YES
Option																				
Linguine Noodles	Linguine Noodles	YES	YES																	
Massaman Roti	Massaman Roti	YES	YES		YES															
Rice Noodle Small	Rice Noodle Small																			
Rice Noodles Big	Rice Noodles Big																			
Yellow Noodles	Yellow Noodles	YES	YES																	
Mung Bean Noodle	Mung Bean Noodle																			
Egg Fried Rice	Egg Fried Rice Change						YES													
Egg Fried Rice 2	Egg Fried Rice No Charge						YES													
Fried Garlic Rice Change	Fried Garlic Rice Change	YES	YES		YES							YES		YES						

Disclaimer: The information contained in this schedule is compiled by 3rd party professionals. It must however be noted that our food is produced in limited space kitchens where all major and minor allergens are used. Whilst we are cautious in avoiding cross contamination this can occur. In the event of serious allergies please note consumption of any of our meals is at your own risk.